

What is claimed is:

1. A method of reproducing a still picture from a recording medium, comprising:
reproducing video data from the recording medium; and
outputting an I-picture and a number of P-pictures as a still picture based on the reproduced video data.
2. The method of claim 1, wherein the outputting step outputs P-pictures that represent a same picture as the I-picture.
3. The method of claim 1, wherein the number of P-pictures pictures is greater than 1.
4. A method of decoding video data to produce a still picture, comprising:
receiving an I-picture and a number of P-pictures representing a still picture; and
decoding the received I-picture and the number of P-pictures to generate display data for the still picture.
5. The method of claim 4, wherein the receiving step receives P-pictures that represent a same picture as the I-picture.

6. The method of claim 4, wherein the number of P-pictures pictures is greater than 1.

7. A recording medium having a data structure for managing reproduction of still pictures, comprising:

a data area storing a data stream representing a still picture such that a reproducing apparatus outputs a I-picture and an number of P-pictures as the still picture when reproducing the still picture from the recording medium.

8. The method of claim 7, wherein the P-pictures represent a same picture as the I-picture.

9. The method of claim 7, wherein the number of P-pictures pictures output is greater than 1.

10. A recording medium having a data structure for managing at least one still picture, comprising:

a navigation area storing navigation data for reproducing a data stream, the navigation data indicating if the data stream includes a still picture.